

BORNE

SPECIALISTERNE



AGENDA

SOS - approach to Feeding
Denmark October 2025

When Children Won't Eat: Picky Eaters versus Problem Feeders

Assessment and Treatment Using the SOS Approach to Feeding

PART 1 = PRE-RECORDED ONLINE SEGMENT

Date: Deadline October 12th 2025

Address: Online, 9 hours

15 MINUTES

Conference Announcements

- Host Introduction
- Conference logistics and requirements to pass

2 HOURS, 30 MINUTES

Chapter 2: Prevalence and Scope of Problem

- A. Scope of Problem & Development of SOS
- B. Prevalence Data – Growth Problems
- C. Prevalence Data – Feeding Problems
- D. Feeding Prevalence & Neurodivergent Populations
- E. SOS Iceberg

2 HOURS, 30 MINUTES

Chapter 3: SOS Tenets and Top Ten Myths

- A. Complexity of Feeding/Eating & the Role of the Environment
- B. Tenets of SOS & Top 10 Myths - Overview
- C. Myth 8: Picky Eaters vs Problem Feeders and PFD vs ARFID

2 HOURS

Chapter 4: The Role of Learning in Feeding - How children learn to AND not to eat

- A. Learning Theory
- B. Feeding Therapy Options
- C. Conditioning Video

1 HOUR

Chapter 5: Foundations of Feeding Development - Motor and Sensory

- A. Motor Milestones
- B. Sensory Milestones

1 HOUR

Chapter 6: Foundations of Feeding Development - Cognitive

- A. Cognitive Milestones

PART 2 = IN-PERSON SEGMENT

Date: October 20th – 23rd October

Address: Scandic Sydhavnen
Sydhavns Pl. 15
2450 København
Denmark

DAY 1:

8:00am to 8:30am	Registration
8:30am to 8:45am	Course Announcements <ul style="list-style-type: none">• Course logistics and requirements to pass
8:45am to 10:25am	<u>I. Introduction</u> <u>II. Feeding Theory & Milestones</u> - How children learn to AND not to eat B. Myth 1 = Breathing C. Myth 1 = Posture D. Oral-Motor Skill Acquisition & Developmental Food Continuum
10:25am to 10:45am	<u>Break</u>
10:45am to 12:30pm	<u>II. Feeding Theory & Milestones</u> – continued D. Oral-Motor Skills & Developmental Food Continuum – continued
12:30pm to 1:30pm	<u>Lunch</u>
1:30pm to 3:25pm	<u>II. Feeding Theory & Milestones</u> - continued E. Sensory Skill Acquisition F. Understanding the Role of Sensory Integration In Feeding G. Steps to Eating - Overview
3:25pm to 3:45 pm	<u>Break</u>
3:45pm to 5:30pm	<u>II. Feeding Theory & Milestones</u> – continued H. Cognitive Development I. Psychological Developmental Stage

DAY 2:

8:30am to 10:25am

II. Feeding Theory & Milestones – continued

I. Psychological Developmental Stages– continued

III. Treatment/Interventions

A. General Treatment Strategies

1. Social Role Modeling
2. Structure/Routine

10:25am to 10:45am

Break

10:45am to 12:30pm

III. Treatment/Interventions - continued

A. General Treatment Strategies - continued

3. The Correct Use of Reinforcement
4. Accessing the Cognitive

B. Food Jags

12:30pm to 1:30pm

Lunch

1:30pm to 3:25pm

IV. Assessment of Feeding Problems

A. Referral Candidates

B. Assessment Process

C. Assessment by Subsystems

1. Reasons Children Won't Eat
2. What to Observe
3. Practice Videos

G. Assessment Vignette 1 - Medically Complicated

3:25pm to 3:45 pm

Break

3:45pm to 5:30pm

IV. Assessment of Feeding Problems - continued

H. Assessment Vignette 2 - Family

I. Parents' Experience

V. The SOS Approach to Feeding – Theoretical Requirements

A. Systematic Desensitization

B. Cues to Eating

DAY 3:

8:30am to 10:25am

V. The SOS Approach to Feeding – Theoretical Requirements
C. Language Use

VI. The SOS Approach to Feeding – Therapy Sessions

A. Therapy Format - Child

- 1. Room Set-Up + Modifications**
- 2. Session Structure & Routine**

10:25am to 10:45am

Break

10:45am to 12:30pm

VI. The SOS Approach to Feeding – Therapy Sessions - continued

B. Therapy Format – Parent

- C. Modifications Across Settings**
- D. Sensory Based Problem Solving**
- E. Progression Across Sessions**

12:30pm to 1:30pm

Lunch

1:30pm to 3:25pm

VI. The SOS Approach to Feeding – Therapy Sessions - continued

F. Graduation Criteria & SOS Data

- G. Building a Food Hierarchy**
 - 1. Requirements**

3:25pm to 3:45 pm

Break

3:45pm to 5:30pm

VI. The SOS Approach to Feeding – Therapy Sessions - continued

G. Building a Food Hierarchy

- 2. Practice**

H. Hierarchy Strategies – Moving Children Up the Steps

- 1. Disciplines' Roles**
- 2. Play with a Purpose**

DAY 4:

8:30am to 10:25am	<u>VI. The SOS Approach to Feeding – Therapy Sessions</u> - continued H. Hierarchy Strategies – Moving Children Up the Steps - continued 3. Play techniques per Step 4. Practicing hierarchy strategies
10:25am to 10:45am	<u>Break</u>
10:45am to 12:30pm	<u>VI. The SOS Approach to Feeding – Therapy Sessions</u> - continued I. Hierarchy Strategies – Oral Motor Steps to Eating
12:30pm to 1:30pm	<u>Lunch</u>
1:30pm to 2:55pm	<u>VI. The SOS Approach to Feeding – Therapy Sessions</u> - continued J. Video: Progression Within Session (Session 1) K. SOS Data
2:55pm to 3:10pm	<u>Break</u>
3:10pm to 4:30pm	<u>VII. Managing Other Maladaptive Behaviors</u> A. Vomiting B. Emotion Based Discipline C. Video: Progression Within Session (Session 12)

Attendance policy

This Hybrid SOS Main Training Conference (5 Days) has a 100% Attendance requirement. Registrants are expected to complete the 5.5 hour pre-recorded Online Segment of the Conference at least one week prior to attending the In-Person Segment of the Conference. During the In-Person Segment of the Conference, Registrants are expected to fully participate for the entire length of each day: Days 1, 2 & 3 from 8:30am to 5:30pm AND on Day 4 from 8:30am to 4:30pm. Registrants will miss crucial information needed to be able to correctly use the SOS Approach to Feeding program if they come late or leave the Conference early. Registrants who arrive late or leave early will not receive their Certificate of Attendance or their CEU credits. There will be no partial CE credit awarded for this Conference.

