

BORNE

SPECIALISTERNE



AGENDA

SOS - approach to Feeding
Denmark October 2025

When Children Won't Eat: Picky Eaters versus Problem Feeders

Assessment and Treatment Using the SOS Approach to Feeding

PART 1 = PRE-RECORDED ONLINE SEGMENT

Date: Deadline October 12th 2025

Address: Online

15 MINUTES

Conference Announcements

- Host Introduction
- Conference logistics and requirements to pass

25 MINUTES

I. Introduction

70 MINUTES

- A. Prevalence Data – Growth Problems**
- B. Prevalence Data – Feeding Problems**
- C. Feeding Prevalence & Neurodivergent Populations**

70 MINUTES

- D. Complexity of Feeding/Eating & the Role of the Environment**
- E. Tenets of SOS**
- F. Top 10 Myths - Overview**

50 MINUTES

- G. Picky Eaters vs Problem Feeders & PFD vs ARFID**

II. Feeding Theory & Milestones - How children learn to AND not to eat

105 MINUTES

- A. Learning Theory**
 - 1. Feeding Therapy Options**
 - 2. Video**

120 MINUTES

- B. Motor Skill Acquisition**
- C. Early Oral-motor Skill Acquisition**
- D. Cognitive Development**

PART 2 = IN-PERSON SEGMENT

Date: October 20th – 23rd October

Address: Scandic Sydhavnen
Sydhavns Pl. 15
2450 København
Denmark

DAY 1:

8:00am to 8:30am Registration

8:30am to 9:00am **Conference Announcements**

- Conference logistics and requirements to pass

9:00am to 10:25am **I. Introduction**
II. Feeding Theory & Milestones - How children learn to AND not to eat
B. Myth 1 = Breathing
C. Motor Skill Acquisition
D. Oral-Motor Skill Acquisition & Developmental Food

Continuum

10:25am to 10:45am **Break** = 20 minutes

10:45am to 12:30pm **II. Feeding Theory & Milestones** – continued
D. Oral-Motor Skills & Developmental Food Continuum –
continued

12:30pm to 1:30pm **Lunch** = 60 minutes

1:30pm to 3:25pm **II. Feeding Theory & Milestones** - continued
E. Sensory Skill Acquisition
F. Understanding the Role of Sensory Integration In Feeding
G. Steps to Eating - Overview

3:25pm to 3:45 pm **Break** = 25 minutes

3:45pm to 5:30pm **II. Feeding Theory & Milestones** – continued
H. Cognitive Development

DAY 2:

8:30am to 10:25am

QUESTIONS

II. Feeding Theory & Milestones – continued

I. Psychological Developmental Stages

III. Treatment/Interventions

A. General Treatment Strategies

1. Social Role Modeling

2. Structure/Routine

10:25am to 10:45am

Break

10:45am to 12:30pm

III. Treatment/Interventions - continued

A. General Treatment Strategies - continued

2. Structure/Routine - continued

3. The Correct Use of Reinforcement

4. Accessing the Cognitive

12:30pm to 1:30pm

Lunch

1:30pm to 3:25pm

III. Treatment/Interventions - continued

B. Food Jags

IV. Assessment of Feeding Problems

A. Referral Candidates

B. Assessment Process

C. Assessment by Subsystems

1. Reasons Children Won't Eat

2. What to Observe

3. Practice Videos

3:25pm to 3:45pm

Break

3:45pm to 5:30pm

IV. Assessment of Feeding Problems - continued

D. Assessment Vignette 1 - Medically Complicated

E. Assessment Vignette 2 - Family

F. Parents' Experience

V. The SOS Approach to Feeding – Theoretical Requirements

A. Systematic Desensitization

DAY 3:

8:30am to 10:25am

QUESTIONS

V. The SOS Approach to Feeding – Theoretical Requirements

- A. Systematic Desensitization -- continued
- B. Cues to Eating
- C. Language Use

VI. The SOS Approach to Feeding – Therapy Sessions

- A. Therapy Format - Child
 - 1. Room Set-Up + Modifications

10:25am to 10:45am

Break

10:45am to 12:30pm

VI. The SOS Approach to Feeding – Therapy Sessions - continued

- A. Therapy Format - Child
 - 2. Session Structure & Routine
- B. Therapy Format – Parent
- C. Modifications Across Settings
- D. Sensory Based Problem Solving

12:30pm to 1:30pm

Lunch

1:30pm to 3:25pm

VI. The SOS Approach to Feeding – Therapy Sessions - continued

- E. Progression Across Sessions
- F. Graduation Criteria & SOS Data
- G. Building a Food Hierarchy
 - 1. Requirements

3:25pm to 3:45pm

Break

3:45pm to 5:30pm

VI. The SOS Approach to Feeding – Therapy Sessions - continued

- G. Building a Food Hierarchy
 - 2. Practice

DAY 4:

8:30am to 10:25am	QUESTIONS <u>VI. The SOS Approach to Feeding – Therapy Sessions</u> - continued H. Hierarchy Strategies – Moving Children Up the Steps 1. Play techniques per Step 2. Practicing hierarchy strategies
10:15am to 10:35am	<u>Break</u>
10:35am to 12:15pm	<u>VI. The SOS Approach to Feeding – Therapy Sessions</u> - continued H. Hierarchy Strategies – Moving Children Up the Steps I. Hierarchy Strategies – Oral Motor Steps to Eating
12:15pm to 1:15pm	<u>Lunch</u>
1:15pm to 2:45pm	<u>VI. The SOS Approach to Feeding – Therapy Sessions</u> - continued I. Hierarchy Strategies – Oral Motor Steps to Eating - continued J. Video: Progression Within Session (Sessions 1)
2:45pm to 3:05pm	<u>Break</u>
3:05pm to 4:30pm**	<u>VI. The SOS Approach to Feeding – Therapy Sessions</u> - continued K. SOS Data <u>VII. Managing Other Maladaptive Behaviors</u> A. Intervention strategies – Perseveration & Vomiting B. Emotion Based Discipline

Attendance policy

This Hybrid SOS Main Training Conference (5 Days) has a 100% Attendance requirement. Registrants are expected to complete the 5.5 hour pre-recorded Online Segment of the Conference at least one week prior to attending the In-Person Segment of the Conference. During the In-Person Segment of the Conference, Registrants are expected to fully participate for the entire length of each day: Days 1, 2 & 3 from 8:30am to 5:30pm AND on Day 4 from 8:30am to 4:30pm. Registrants will miss crucial information needed to be able to correctly use the SOS Approach to Feeding program if they come late or leave the Conference early. Registrants who arrive late or leave early will not receive their Certificate of Attendance or their CEU credits. There will be no partial CE credit awarded for this Conference.

